



Pretty Brown Girl Vision Board Activity

BRINGING DREAMS TO LIFE WITH A VISION BOARD

A vision board is a poster board collage made up of pictures from magazines designed to remind girls of what they want to see, do or become. Pretty Brown Girls create vision boards to focus on their future and carry a clear picture of their dreams in their hearts and minds.

SUPPLIES NEEDED:

Poster Boards, Magazines, Scissors, Glue, Markers and Glitter (optional)

INSTRUCTIONS:

Step 1: Have your guests browse through 3-4 magazines for pictures that inspire them or reflect some aspect of the dream they have just identified.



Then, have them tear out 6-8 words or images to place in their "vision" pile.

Step 2: Have your guests lay the words and images from Step 1 in their vision pile on their poster board and arrange them in the way that feels right for them.

Step 3: Ensure that your guests affix their words and images to their poster board using the supplies.

Step 4: (Optional) Have your guests write messages that reinforce their dreams and affix them to their board.

Step 5: Ensure that your guests leave space in the middle of their board for a picture of themselves that they really like.

Step 6: Have your guests think of a special place to hang their vision board and remember the key is to select a place where they will always see it!